

SEPTEMBER 2010



Activity Groups



Independent Lifestyles, Inc.

A Center for Independent Living

The following groups are specifically designed for people who are high functioning with their disability.

WEDNESDAY, SEPTEMBER 8, 2010 - 5:00 - 6:30 PM

Paint on Canvas

Lets make it a September to remember!

Register by: Monday, September 6, 2010

Contact: Heidi Hofmann

Get Creative! ILICIL's Art Group

Cost: \$5.00 (includes canvas, supplies and a snack) due day of event - make checks payable to ILICIL. Please bring your creative mind and a beverage if you wish.

Location: Independent Lifestyles, Inc.

519 - 2nd St. N., St. Cloud, MN 56303

MONDAY, SEPTEMBER 13, 2010 - 6:00 - 8:00 PM

Bingo Bowling

Bingo! Learn how to play bingo using special terms from your game!

Register by: Thursday, September 9, 2010

Contact: John Johnson

"It's - a - Strike"

Cost: \$5.00 (includes shoes and games of bowling) due day of event - make checks payable to **Strikers LLC**. Snacks are available for an additional cost.

Location: Vilo Lanes

310 Sundial Drive, Waite Park, MN 56387

THURSDAY, SEPTEMBER 23, 2010 - 5:00 - 6:30 PM

Family Heirloom

Bring a family heirloom or something very special and tell that story!

Register by: Sunday, September 19, 2010

Contact: Heidi Hofmann

ILICIL Events Social Activity Group

Cost: FREE! Please bring your own beverage and snacks if you wish. Bring a good story to tell everyone and a listening ear for others.

Location: Independent Lifestyles, Inc.

519 - 2nd St. N., St. Cloud, MN 56303

MONDAY, SEPTEMBER 27, 2010 - 6:00 - 8:00 PM

Bowling Tips & Hints

Tips and hints to increase your bowling skills and enjoy the game more!

Register by: Thursday, September 23, 2010

Contact: John Johnson

"It's - a - Strike"

Cost: \$5.00 (includes shoes and games of bowling) due day of event - make checks payable to **Strikers LLC**. Snacks are available for an additional cost.

Location: Vilo Lanes

310 Sundial Drive, Waite Park, MN 56387

All events are alcohol free.

To sign up for activities call Independent Lifestyles, Inc. (320) 529-9000 or Toll free: 1-888-529-0743 and leave a message for the contact person listed for activity.

"A Team Promoting Independence and Choices for People with Disabilities, Their Families and Communities"

*INDEPENDENT LIFESTYLES, INC. -
A CENTER FOR INDEPENDENT LIVING*



Social Activity Group

Social Activity Group is specifically designed for people with developmental disabilities

**Where: Munsinger Gardens
1515 Riverside SE Drive, St. Cloud, MN 56301
When: Tuesday, September 7th from 5-7 p.m.**

Let's end summer the way it began, with the smell of fresh flowers and the sound of flowing river water. Join us at Munsinger Gardens to enjoy the blooming flowers before they're withered away and covered in snow. Pack yourself a picnic and bring it along.

HOPE TO SEE YOU THERE!

Please call to sign up for activities with Amy D. at 320-529-9000 Voice/TTY
**"A Team Promoting Independence and Choices for people with disabilities,
their families and communities"**