



INDEPENDENT LIFESTYLES, INC.
A Center for Independent Living
 215 North Benton Drive, Sauk Rapids, MN 56379
 320-529-9000 - www.independentlifestyles.org

December 2024							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3 It's-a-Strike Bowling 6:00 - 8:00 pm	4 Advocates for Independence 2:00 - 4:00 pm	5	6	7	
8	9	10	11 Emergency Preparedness 1:00 - 2:30 pm	12 It's-a-Strike Bowling 6:30 - 8:30 pm	13	14	
15	16 Parkinson's Support Group 1:00 - 2:30 pm	17	18	19	20	21	
22	23	24 <i>ILICIL Closed – Christmas Holiday</i>	25 <i>ILICIL Closed – Christmas Holiday</i>	26	27	28	
29	30	31					
		** See Back Page For Group Details – Location & Cost **					

