



**INDEPENDENT LIFESTYLES, INC.**  
**A Center for Independent Living**  
 215 North Benton Drive, Sauk Rapids, MN 56379  
 320-529-9000 - [www.independentlifestyles.org](http://www.independentlifestyles.org)

May 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Brain Injury Support Group 11:00 am – 1:00 pm	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b> It's-a-Strike Bowling 6:00 - 8:00 pm	<b>6</b> Advocates for Independence 2 – 4 pm At ConnectAbility	<b>7</b>	<b>8</b> Brain Injury Support Group 11:00 am – 1:00 pm	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Brain Injury Support Group 10:00 am – 12:00 pm  Bingo - 2:30 – 4:00 pm	<b>14</b>	<b>15</b> Brain Injury Support Group 11:00 am – 1:00 pm	<b>16</b>
<b>17</b>	<b>18</b> Parkinson's Support Group 1 – 2:30 pm	<b>19</b> It's-a-Strike Bowling 6:00 - 8:00 pm	<b>20</b> Brain Injury Support Group 10:00 am – 12:00 pm	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b> <i><b>ILICIL Closed – Memorial Day</b></i>	<b>26</b> It's-a-Strike Bowling 6:00 - 8:00 pm	<b>27</b> Brain Injury Support Group 10:00 am – 12:00 pm	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b>		<b>** See Back Page For Group Details – Location &amp; Cost **</b>				

